



## From The Team

Once again it has been a busy month at bestpractice. We currently have multiple projects in development, including two major projects:

- Integrated Nursing Team tool
- NCHIP - National Child Health Information Programme

The Integrated Nursing Team (INT) tool, developed by BPAC Inc for Midlands Health Network and Waikato DHB, supports shared health planning between district nurses, public nurses, practice nurses and GPs to ensure coordination and integration for a patient's health plan.

The NCHIP programme is a collaboration between Midlands Health Network, Orion Health and BPAC Inc. The initial objective is to ensure that all children and young people from birth to 6 years receive timely key health milestone services in a more integrated manner.

## e-Referrals Milestone

On August 21st 2014 the 500,000th referral was sent using the bestpractice e-Referral system. This tool was developed in a collaboration between BPAC Inc and Midlands Health Network that began in 2009.

The system supports secure electronic transfer of care from general practice to other providers (primary, community, secondary and private).



bestpractice Decision Support is developed by BPAC Inc, which is separate from bpac<sup>nz</sup>. bpac<sup>nz</sup> bears no responsibility for bestpractice Decision Support or any use that is made of it.

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## Long-term conditions management The Common Form

The Long Term Conditions Management program, known as the Common Form, was developed in association with The Midlands Health Network to support the Long Term Conditions Management Programme.

It is a standards based dynamic form covering long term condition management across the spectrum: clinical review, disease monitoring, clinical management and care planning.

The Common Form combines features from the Diabetes and CVD Management modules in a dynamic format that changes based on the clinical information provided. Updates to the PMS are recognised in real time, meaning the process is streamlined by removing the need to find results elsewhere. Previously collected relevant data is also populated by the form upon opening.

Clinical advice is sourced from:

- New Zealand Guidelines Group (CVD and Diabetes),
- National Institute for Clinical Excellence (Hypertension and CKD),
- National Health and Medical Research Council (Managing Type 2 Diabetes).

Other features of the Common Form:

- **Fast CVRA**, which is designed to collect only the minimum mandatory information in order to complete the risk algorithm,
- **Patient Recalls**, allowing simple in-module recalls of patients for their next review or monitoring appointment,
- **Clinical Management Advice** is generated according to the patient's risk factors and identifies specific steps that can be taken, such as medication review, suggested screenings, and smoking and dietary advice.

For further information or to purchase this program, contact Chris Churcher at bestpractice – on (03) 470 5080, or [chris@bestpractice.org.nz](mailto:chris@bestpractice.org.nz).

## Hazardous Substances Reporting Featured National Module

By law, the following must be notified to the Medical Officer of Health:

- Injuries and diseases caused by hazardous substances (anything that can explode, catch fire, oxidise, corrode or be toxic to humans),
- Lead absorption  $\geq 0.48$  micromol/L,
- Poisoning arising from chemical contamination of the environment.

GPs can complete and send notifications electronically by completing a Hazardous Substances & Lead Notifications form online. The form is located on the module list of the bestpractice dashboard. The form is designed to make the notification process as simple and efficient as possible.

The Hazardous Substances & Lead Notifications Form is available for free as part of the National Suite.

# 500,000 e-Referrals

Since the bestpractice e-Referral system was deployed in 2010, over half a million electronic referrals (e-Referrals) have been sent between general practices, community specialists, and DHB hospitals in the Midlands region.

“The tool allows for the electronic transfer of information between primary and secondary health care providers, giving real-time updates to all involved on how the eReferral is being managed. By making this administrative task easier, GPs have more time to spend with patients”  
*John Macaskill-Smith, CEO Midlands Health Network*

## Virtual CVRA in bestpractice Intelligence

Virtual More Heart and Diabetes Checks (CVRAs) are a new initiative from Midlands Health Network to help practices achieve Ministry of Health targets for cardiovascular risk assessment. The bestpractice Intelligence (BPI) tool enables practices to identify the specific target group and to perform a virtual CVRA and a diabetes check based on existing clinical measurements in the PMS. The

ability to undertake virtual checks is a result of the recent changes outlined in the updated New Zealand Primary Care Handbook. This now gives us the ability to apply blood pressure, non-fasting TC, HDL-C and HbA1c (or fasting glucose) measurements that have been recorded during the previous five years if the person's circumstances have not changed significantly. A BPI report is produced identifying these patients and

also provides the function to complete the Virtual Checks.

A user guide is available in BPI with the report for Virtual CVRAs

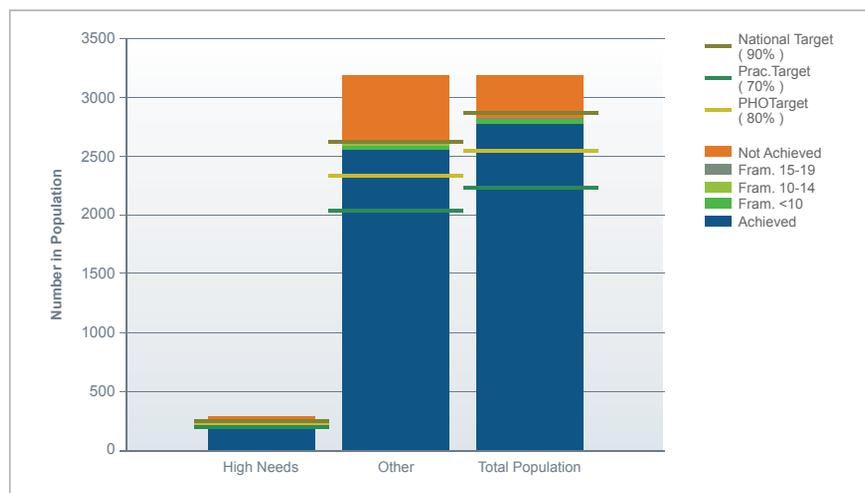
Virtual Cardiovascular Risk Assessments (CVRA) are available for some patients who have not met the achievement criteria. Anyone without a current CVRA coding in the PMS and with complete demographic information, smoking status, lipids panel and blood pressure can have a virtual CVRA calculated.

The virtual CVRA is accessed through the bestpractice Intelligence tool and is used widely across the country. If you don't have access call Chris Churcher on (03) 470 5080.

### bestpractice Intelligence (BPI)

BPI is a secure, internet-based, reporting tool that combines high levels of performance, stability and security with accessibility and ease of deployment and maintenance. BPI supports staff working in primary care to monitor and manage their progress towards agreed health goals. These targets may be clinically driven for quality of care or performance driven to maximise funding.

Data is downloaded from the PMS on a regular basis using the BPI extraction tool and sent via a secure internet connection to the BPI server. Here reports are generated from the data and made available to users on the basis of established access rights. Tools integrated into the reports allow BPI to interact with the PMS to set alerts and establish recalls.



A report produced from the Virtual CVRA tool in bestpractice Intelligence.

### ■ Quick Tip: Heart Forecast Tool

Are you getting an error message when using the Heart Foundation's Your Heart Forecast tool? Sometimes web browser security settings can interfere with the way tools like this work. The tip below may solve this problem for sites you trust (web pages you know to be provided by reputable organisations).

To set the Heart Foundation and bestpractice websites as trusted sites in Internet Explorer\*, follow these steps:

- 1 Go to: *Tools > Internet Options > Security > Trusted Sites > Sites*
- 2 Type each of the following web addresses into the "Add this website to the zone" text box, clicking the **Add** button for each.

<https://secure.bestpractice.org.nz>  
<http://www.heartfoundation.org.nz>

\* Other browsers also have the notion of trusted sites, check your browser's Help.

If you require further assistance, please email [itservicedesk@southlink.co.nz](mailto:itservicedesk@southlink.co.nz) or contact the support line on 0800 633 236.

### CONTACTS US

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